



# Sports in India

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# Cricket

- Cricket was invented in England, and came to India with British traders and colonists.
- Indian people soon became fans of the sport and began to create their own cricket teams.
- In 1932, India was able to form a national team to play against other countries such as England, Australia, and South Africa.
- India won the Cricket World Cup for the first time in 1983 in a match against England.
- They are now the top ranked cricket team in the world.
- Some famous Indian players are Kapil Dev and Virat Kohli.



# The Cricket Field

- Cricket is played on a large oval field.
- In the middle is a rectangular section called the “pitch”.
- The pitch is marked at either end with “wickets” – three long sticks with a two shorter sticks on top.





# How to Play Cricket

- Cricket teams have 11 people.
- Teams take turns to be the “batting” team or the “fielding” team.
- The fielding team have to throw and catch the ball, the fielding team have to hit the ball.
- There are 11 “fielders” but only two batters at a time.
- You get points by hitting the ball and running between the wickets.
- If the fielders throw the ball back to the pitch before the batters can finish a run, the batter is out.
- <https://youtu.be/NZGLHdcw2RM?t=107>





# Polo

- Polo is a game played on horseback.
- It has been popular in India for hundreds of years and was played by kings.
- Modern polo was invented in Manipur, India.
- British tea planters discovered the game when they were living in India, and brought the game to Europe in the 19<sup>th</sup> century.
- The Indian Polo Association was created in 1892 to allow teams to play against each other, and there are 33 clubs.
- It is very popular in the northern part of India.
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# How to Play Polo

- Polo is played in teams of four players.
- It is played on a field with two goals at each end.
- Players use a mallet to hit the ball into the goals.
- You win by scoring the most goals.
- It is played in four parts, and each part lasts seven minutes.
- Each time a team scores, they have to swap goals.





# Hockey

- Hockey is the national sport of India.
- Modern hockey was invented in Scotland and became popular among Indians in the 19<sup>th</sup> century.
- India has won 8 Olympic gold medals in hockey.
- The first professional club in India was created in 1885.
- The Indian team is ranked fourth best in the world.
- Famous players include Dhyan Chand, Manpreet Singh and Rani Rampal.





# How to Play Hockey

- The aim of the game is to hit the ball with your hockey stick into the goals at each end of the field.
- Each team has eleven players who each have a different position on the field.
- The game is played in two halves, each one lasting 35 minutes.
- The team that scores the most goals wins.





# Badminton

- Badminton is the second most popular sport in India after cricket.
- Badminton was played in India for hundreds of years, and it was in India that British people first saw badminton.
- The Badminton Association of India was established in 1899 and is one of the oldest badminton organisations in the world.
- Famous players are Nandu Natekar, SV Sindhu and Saina Nehwal.



# How to Play Badminton

- Badminton can be played in singles or doubles.
- It is played on a court, divided in half by a net.
- It is played with a racket and a shuttlecock.
- The first person to reach 21 points wins.
- A point is won if the shuttlecock hits the ground on the other players side of the court.





# Tennis

- Tennis was introduced to India through British soldiers living in India in the 1800s.
- India hosted its first tennis championship in 1910, called the India Open.
- India has won many titles in tennis, including wins at Wimbledon, the US Open and the Australian Open.
- It is a sport that is mostly played in cities.
- Famous tennis players are Sania Mirza, Mahesh Bhupathi, and Rushmi Chakravarthi.



# How to Play Tennis

- Tennis is played on a court divided in half with a net.
- It is played with a racket and a tennis ball.
- It can be played in singles or in doubles.
- Players take turns hitting the ball over the net, and you win a point every time the other player can't hit the ball back.
- Points increase by 15 each time, and the first person to win four turns (45 points) is the winner.

